## Heart Strings Project is off to a great start!



2009 JGI Group with some of the caps they made

In 2008, the LBNL Chemo Cap Project donated 180 caps to two Bay Area Hospitals: Alta Bates in Berkeley and Oakland Children's Hospital. In 2009, we donated 458 caps to seven locations including hospitals, a children's primary care clinic, and the American Cancer Society.

As a project of LBNL's Philanthropy Club, our task is to assist staff with philanthropic opportunities. We collect the donations, make the deliveries, and distribute tax donation letters.

Now, we make caps, scarves, and socks for the homeless, newborn blankets for sick babies, pet blankets for animal shelters, and caps and prayer shawls for cancer patients and we've taken a new name: *Heart Strings*! *Heart Strings* was created to include a whole

host of items that our members have asked to create for the different communities we want to serve. We encourage both experienced and "newbie" craftspeople to join the project. Come to a meeting to learn new skills and make new friends in a fun, rewarding environment. Contact: Cynthia Sylvester CLSylvester@lbl.gov

We provide a community to work on this charity project as well as an opportunity to share patterns, get individual instruction, and access our extensive yarn stash. Never knit before? We can teach you. Always wanted to learn how to crochet? We can teach you. Need help with a specific technique or question? If we don't know, we'll find out. Want to help, but don't want to actually *make* an item? You can donate to our yarn stash! There's something for everyone here.



Scarf donated to Juergen, a homeless veteran, by Moira Howard-Jeweler, member from the Lab's D.C. office

Ready to get started? Contact a team leader for

guidelines on yarn and pattern selection, or contact Cynthia Sylvester, project leader, at <u>CLSylvester@lbl.gov</u> to subscribe to the Heart Strings Project email list and receive an information packet. You can also help us publicize the project by hanging a poster or two in your building. (link to poster)

Some members choose to work on their own, while others choose to join one of our teams that meet regularly during lunch hours. Which will you do? Happy hooking!

Bldg 67, Rm 3201	Tues, noon (every other week starting 3/23/10)	Lorri St. Claire	x 7493
Bldg 90, Rm 1029	Wed, noon	Neli Lopez	x 6366
Cafeteria	Tues, noon	Cynthia Sylvester	x 5938
Cafeteria	Fri, noon	Ina Reichel	x 4341
Donner, Rm 458	Thurs, noon and ad hoc	Amy Ukena	x 5987
Potter St, lower Atrium	Wed, noon Norene Jel	Norene Jelliffex 2859	