



# HEALTH, WELLNESS, AND RETIREMENT EVENTS CALENDAR

SPONSORED BY THE HUMAN RESOURCES BENEFITS TEAM

## OCTOBER 2009

Monday

Tuesday

Wednesday

Thursday

Friday

				1 *Organizing Your Financial Life** by G. Nocetti 2:00–3:30 p.m., Bldg 2–Room 100B	2
5	6 *Investment Strategies for Women** by G. Nocetti 10:00–12:00 p.m., Bldg 2–Room 100B	7 New Employee Benefits Orientation* 10:00 a.m.–12:00 p.m., Bldg 90–Room 2063	8 New Postdoc Benefits Orientation* 10:00 a.m.–12:00 p.m., Bldg 90–Room 2063	9  <i>32nd Lab's Runaround starts at 12:00 noon, Firehouse (Bikearound starts at 11:30 a.m.)</i>	
12	13	14 <i>Seasonal Flu Clinics. Health Services x6266</i> *Passport to Retirement** by G. Nocetti 1:00–4:30 p.m., Bldg 2–Room 100B	15	16	
19	20	21 New Employee Benefits Orientation* 10:00–12:00 p.m., Bldg 90–Room 2063	22 New Postdoc Benefits Orientation* 10:00 a.m.–12:00 p.m., Bldg 90–Room 2063	23 <i>Seasonal Flu Clinics Health Services x6266</i>	
26	27 *Taking Charge of Your Financial Fitness* by Fidelity, 10:30–11:30 a.m. Bldg 54–Room 130 Perseverance Hall Fidelity Help Desk, 12:00–1:30 p.m. Bldg 54–Café Lobby	28 Visiting Scholars & Researchers Orientation for International Employees, Guests & Family 9:30 a.m.–12:00 p.m., Bldg 54–Room 130 Perseverance Hall	29  <i>Benefits Open Enrollment begins today at 8:00 a.m., ends Tuesday, November 24 at 5:00 p.m.</i>	30	

For additional information, please contact the HR Benefits Team at (510) 486-6403 or

\* Enroll online through Employee Self Service: [https://hris.lbl.gov/self\\_service/login/](https://hris.lbl.gov/self_service/login/).  
Select "Training Enrollment" from the menu, then go to "All Courses" to make a selection.