



# HEALTH, WELLNESS, AND RETIREMENT EVENTS CALENDAR

SPONSORED BY THE HUMAN RESOURCES BENEFITS TEAM

## JULY 2009

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> New Employee Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room	<b>2</b> New Postdoc Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room 2063	<b>3</b> JULY 4 HOLIDAY OBSERVANCE 
<b>6</b>	<b>7</b>	<b>8</b> Visiting Scholars & Researchers Orientation for International Employees, Guests & Family 9:30 a.m.—12:00 p.m., Bldg 54—Room 130 Perseverance Hall	<b>9</b>	<b>10</b>
<b>13</b> *Organizing Your Financial Life** 2:00—3:30 p.m., Bldg 2—100B	<b>14</b>	<b>15</b> New Employee Benefits Orientation* 2:00—4:00 p.m., Bldg 90—Room 2063	<b>16</b> New Postdoc Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room 2063	<b>17</b> *Elder Care* by UCB CARE Services 11:00 a.m.—12:00 p.m. Bldg 2—Room 100B
<b>20</b> ActiveforLIFE Closing Event 12:00—1:00 p.m. Bldg 54—Room 130B Perseverance Hall	<b>21</b> *Investment Strategies for Women** 10:00 a.m.—12:00 p.m. Bldg 2—100B	<b>22</b>	<b>23</b>	<b>24</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Fidelity Retirement Services, 10:30—11:30 a.m. Bldg 54—Room 130B Perseverance Hall  Fidelity Help Desk, 12:00—1:30 p.m., Bldg 54—Café Lobby  *Passport to Retirement** 1:00—4:30 p.m., Bldg 2—100B	<b>31</b>

For additional information, please contact the HR Benefits Team at (510) 486-6403 or [benefits@lbl.gov](mailto:benefits@lbl.gov).

\* Enroll online through Employee Self Service: [https://hris.lbl.gov/self\\_service/login/](https://hris.lbl.gov/self_service/login/).  
Select "Training Enrollment" from the menu, then go to "All Courses" to make a selection.