



HEALTH, WELLNESS, AND RETIREMENT EVENTS CALENDAR

SPONSORED BY THE HUMAN RESOURCES BENEFITS TEAM

AUGUST 2009

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 New Employee Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room 2063	6 New Postdoc Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room 2063	7
10	11	12	13	14 "Healthy Relationships" by UCB CARE Services 11:00 a.m.—12:00 p.m. Bldg 2—Room 100B
17	18	19 New Employee Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room	20 New Postdoc Benefits Orientation* 10:00 a.m.—12:00 p.m., Bldg 90—Room 2063	21
24	25	26 Visiting Scholars & Researchers Orientation for International Employees, Guests & Family 9:30 a.m.—12:00 p.m., Bldg 54—Room 130 Perseverance Hall	27 "Achieving a Sound Retirement"* by Fidelity 10:30—11:30 a.m., Bldg 54—Room 130 Perseverance Hall Fidelity Help Desk, 12:00—1:30 p.m., Bldg 54—Café Lobby	28
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For additional information, please contact the HR Benefits Team at (510) 486-6403 or benefits@lbl.gov.

* Enroll online through Employee Self Service: https://hris.lbl.gov/self_service/login/.
Select "Training Enrollment" from the menu, then go to "All Courses" to make a selection.